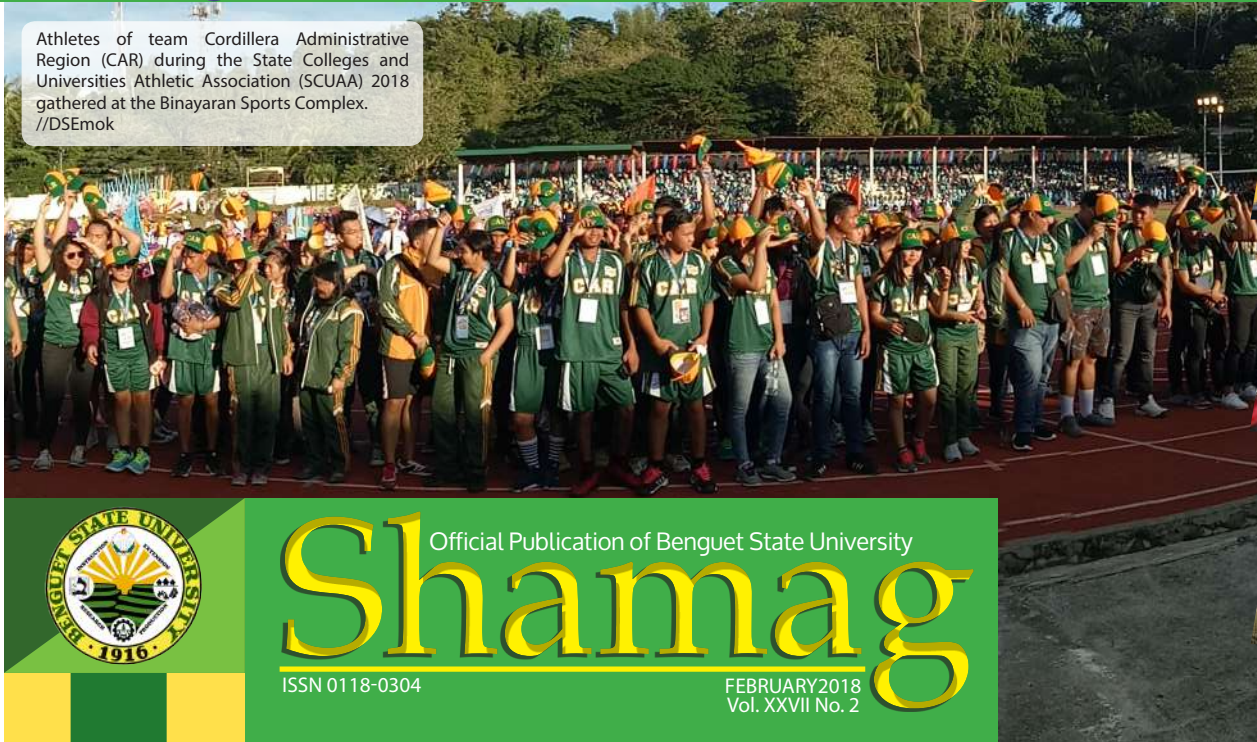


Athletes of team Cordillera Administrative Region (CAR) during the State Colleges and Universities Athletic Association (SCUAA) 2018 gathered at the Binayaran Sports Complex. //DSEmok



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Official Publication of Benguet State University

# Shamag

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# CAR bags 3 gold, 4 silver, and 15 bronze medals in SCUAA Games

For five days, 16 regions in the Philippines competed for supremacy in the 2018 National State Colleges and Universities Athletic Association (SCUAA) Games held in Antique Province on February 19-23, 2018.

With the combined forces of State Universities and Colleges (SUCs) from the Cordillera Administrative Region (CAR), the official record tallies a total of three golds, four silvers, and 15 bronze medals.

The athletes came from Benguet State University (BSU) with 175 players, Mountain Province State Polytechnic College (MPSPC) with 43 players, Apayao State College (ASC) with 25 players, Kalinga State University

(KSU) with 22 players, Abra State Institute of Science and Technology (ASIST) with 18 and Ifugao State University (IFSU) with 51 players.

The CAR delegates brought home medals for combat sports such as Pencak Silat, Boxing, Taekwondo, and Arnis. They also gained medals for Athletics, while for the ball games the highest place was that of the BSU Futsal women where the CAR team placed 4th.

BSU Medalists for Pencak Silat include

Jaymar Palista, gold medalist (Class H); Jepson Lawan silver (Class D); Crystabelle Julian, bronze (Class C); and Darwin Mangawa, bronze (Class B). Medalists for Arnis include Ramesh Anniban, gold; Kerry Von Afid, bronze; and Reygan Butali, bronze. Chim Apopot brought home a bronze medal for boxing. In Taekwondo, Vijaya Bibal and Mylene Lingbanan each took home bronze medals.

In athletics, Brenda Dayao brought home two bronzes for the Javelin throw and the Discus throw; while Maricel Agustin got bronze in the 400-meter hurdle dash.

On the other hand, Estephany Dakilay from MPSPC won gold in the 10-kilometer run. Jerald Sangdaan from KSU also gained a bronze in Boxing. Jayzee Tabanganay from KSU won bronze in Taekwondo; while Christine Inlagim from IFSU also added a bronze to the CAR medal count.

In Pencak Silat, Rechzel Dwaight Sagun won silver (Class E); Larry Lauria, Jr., silver (Class C); Charles Bawas, bronze (Class F); Maria Korina Sito, bronze (Class A); and Chiska Bawingan, bronze (Class B). These players represented MPSPC for the region.

### Solidarity Meeting, conditioning the athletes

Dr. Rex John B. Bawang, the overall sports coordinator for CAR, said that prior to the SCUAA Games, the athletes trained for a year, also in preparation for the Baguio – Benguet Educational Athletic League (BBEAL). BSU

## SAs to receive Php 25 per hour incentive

**“Students Assistants (SAs) now have an additional incentive.”**

This is according to Ms. Fay Ann Farangan, Head of Office of Student Services Vocation and Placement Unit (OSS - VPU) Head. An additional PhP 25 incentive to SAs proposed by the OSS was approved by the Benguet State University Board of Regents (BSU – BOR).

This is on top of the original PhP 25 per hour salary of SAs prior to the approved proposal. The additional incentive will be effective on the 2nd semester School Year (SY) 2017-2018.

Ms. Angeli T. Austria, former OSS –

VPU head said that it was observed that SAs from last year and the previous years were demotivated due to the PhP 25 hourly salary, which maybe insufficient considering today’s cost of living standards.

This then led to the low applicant count observed during the past school years. During the 2nd semester SY 2016-2017, only 61 out of 82 SA positions were filled.

Austria also said that in the structuring of the proposal, former SAs who worked outside the campus (public and private establishments not related to BSU) expressed their difficulty of managing work and academics because of their extensive

### VISION\*

A PREMIER UNIVERSITY delivering world-class education that promotes sustainable development amidst climate change

### MISSION

To provide quality education to enhance food security, sustainable communities, industry innovation, climate resilience, gender equality, institutional development and partnerships

### CORE VALUES (SLIDES)

Student-centered  
Leadership  
Integrity  
Diversity  
Efficiency  
Service

### GOALS AND OBJECTIVES

**Goal I.** To develop proactive programs to ensure relevant quality education

#### Objectives:

- 1.To benchmark curricular and co-curricular programs with national and international standards
- 2.To develop alternative learning experiences to enhance skills that match industry needs
- 3.To develop innovative and relevant curricular and co-curricular programs
- 4.To enhance proactive student welfare and development programs

**Goal II.** To develop proactive programs for quality service

#### Objectives:

- 1.To enhance relevant human resource development programs
- 2.To develop effective and efficient innovative platforms for cascading information
- 3.To enhance and develop employee welfare programs

**Goal III.** To enhance responsive systems and procedures for transparent institutional development

#### Objectives:

- 1.To enhance and develop innovative financial management systems
- 2.To ensure transparency in all transactions in the university
- 3.To ensure inclusive and consultative decision making

**Goal IV.** To develop relevant and gender sensitive research and extension programs for institutional development, sustainable communities, climate resilience, industry innovation, and partnerships

#### Objectives:

1. To develop relevant multimedia tools in disseminating technology, knowledge and information generated from RDE programs
2. To develop relevant RDE activities that will address current problems and support cultural advocacy
3. To partner with strategic local, regional, national and international entities

**Goal V.** To strengthen and expand public-private partnership

#### Objectives:

1. Sustain and pursue functional University-relation with the alumni and other organizations both in the government and non-government entities
2. To strengthen the linkage among academe, industries, LGUs and community

#### Board Resolution # 2736, s. 2018 Approving the revised Quality Policy:

"Benguet State University is committed to provide quality services for excellent education and innovative research towards sustainable development amidst climate change."

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First published in 1996, Shamag is one of the official publications of Benguet State University. It was named after the Ibaloi word for news. It is a medium for employees, clients, students and partners to disseminate their programs, achievements and advocacies. Shamag aims to help the University goals in developing proactive programs for quality service by developing effective and efficient innovative platforms for cascading information and strengthening public-private partnerships.

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# BSU junctures Panagbenga Literary Readings

**Benguet State University (BSU) employees and students shared their poems during the Literary Readings held at the BSU College of Arts and Sciences (CAS) Little Theater on February 15, 2018.**

The occasion was part of Baguio City's month-long celebration of the Panagbenga Festival every February. The Literary Reading showcased BSU students and staff's poetry in different languages such as English, Filipino, Kankanaey, Ibaloi and Ilocano.

BSU employees including Dr. Grace Bengwayan, University and Board Secretary, delivered her Ibaloi poem, Dr. Samuel Poliden, College of Arts and Sciences (CAS) Dean; Karen Laking, CAS Faculty; Jennyline Tabangcura, University Public Affairs Office (UPAO) staff; and Richard Kinnud, Supervisor of the Cashiering Office, also joined the literary reading with their



National Commission on Culture and Arts (NCCA) Chairman, Virgilio Almario (middle), listens to one of the BSU student's poem. //KJDPagada



Dr. Grace Bengwayan, the University and Board Secretary, delivers her Ibaloi poem in front of the NCCA together with BSU faculty and students. //KJDPagada

original poems.

Furthermore, the National Commission on Culture and Arts (NCCA) Chairman, Virgilio Almario, along with Rene Napeñas, NCCA Public Affairs and Information Office Head, participated in the literary readings.

"Congratulations to all the readers today and of course we're very happy that BSU is part of the National Arts Month celebration. BSU is always a part

of NCCA in our National Arts month celebration", Napeñas commended. He also stated that this is part of their means to be able to promote literature to the younger generation.

Napeñas also announced on their plan to bring the 'Hugot King', Juan Miguel Severo to BSU for another literary mini-session in celebration of the National Literature Month in April. "We were able to bring the National Artist, so we will bring

the younger generation of poetry readers", he added.

The celebration of National Literature Month was enacted through Presidential Proclamation 968. NCCA, Komisyon sa Wikang Filipino (KWF), and the National Book Development Board (NBDB) will act as lead agencies in the preparation, coordination, and implementation of the activities and events relating to the celebration of National Literature Month. //KJDPagada

# BSU celebrates CVM week

**Cheerful howls from the Benguet State University College of Veterinary Medicine (BSU - CVM) are heard as students and faculty alike celebrates their CVM week on February 12-16, 2018. After a parade and street performance from the students, an opening program was held on February 12 to formally open the celebration.**

Dr. Marietta Q. Amatorio, CVM Dean welcomed the students in the said program. She greeted everyone saying that the active participation of the students made the celebration possible. She explained the theme, "One Health Approach to Food and Health Security," saying that the world is now aiming to attain one health, an idea that all the entities in the world: human health, animal health, and the environment health should be protected.

"Hopefully ma-change ang ating way of thinking (Hopefully our way of thinking would be changed), a paradigm shift on how we would be practicing later on," said Amatorio.

Dr. Feliciano G. Calora, Jr. then shared a short message prompting the students to "infect" other students in the university to freely express themselves as they have been in the past years. He also said that students should also look to probable collaborations

with other state universities and colleges.

"We should look beyond the requirements of the Vetmed program of the Philippines and hopefully the students can visit other countries, benchmark on how vetmed is practiced in the region," Calora said.

Guest speaker Dr. Samantha Josephine C. Licudine, Veterinarian II of the Bureau of Fisheries and Aquatic Resources Region I and CVM alumna gave her speech to the CVM students and faculty.

She agreed with Amatorio that taking care of the environment is tantamount to achieving the world's dream of having one health. She also shared her experiences in the fisheries in which human actions can directly affect the habitat of fishes.

"So kung na-absorb ng fish ang chemicals, people will consume them as well (If the fish absorbs the harmful chemicals, they will



College of Veterinary Medicine (CVM) Students parading the streets of Benguet State University (BSU) in celebration of the annual CVM Week. //MDPenchog



Formal opening of the CVM Pathology Exhibits. //MDPenchog

also be absorbed by humans)," said Licudine.

In addition, Licudine also cautioned the students on what to expect after graduation. She said that there are a lot of times that one will make ethical decisions especially in dealing with animals and people.

"Babagsak at babagsak pa rin 'yan sa paninindigan niyo, sa values ninyo as a person (It

all falls down to your individual principles, your values)," she ended.

After the opening program, the Anatomy and the Parasitology - Pathology Exhibits were formally opened. Activities also began during the afternoon which included the Quiz Contest: Clash of the Microbiologist, and the 3rd Veterinary Medicine and Surgery Ultimate Quiz Contest. //MDPenchog



### Results

In the final tally, CAR secured the 13th place out of 16 regions that competed at the 2018 National SCUAA Games.



### Futsal

For ball games, the highest place was that of the BSU Futsal women where the CAR team placed 4th.  
//MDPenchog



### 10-Kilometer Run

Estephany Dakilay from MPSPC brought home a gold for CAR in the 10-kilometer run.



### Boxing

BSU and KSU boxers brought home two bronze medals for CAR.

CONGRAT

Cord



### Pencak Silat

BSU Medalists for Pencak Silat include Jaymar Palista, gold medalist (Class H); Jepson Lawan silver (Class D); Crystabelle Julian, bronze (Class C); and Darwin Mangawa, bronze (Class B).

Rechzel Dwaight Sagun won silver (Class E); Larry Lauria, Jr., silver (Class C); Charles Bawas, bronze (Class F); Maria Korina Sito, bronze (Class A); and Chiska Bawingan, bronze (Class B). These players represented MPSPC for the region.



### Arnis

Medalists for Arnis include R a m e s h Anniban, gold; Kerry Von Afid, bronze; and Reygan Butali, bronze.



### Taekwondo

In Taekwondo, BSU took home 2 bronze medals. KSU won bronze in Taekwondo; while IFSU also added a bronze to the CAR medal count.

Photos By:  
DSEmok  
MDPenchog

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# Manuals on organic agriculture by local authors launched at BSU La Trinidad library



Authors of organic agriculture manuals line up to hand copies of their books to ULIS Director, Mr. Lauren P. Kipaan during the launching program at the BSU La Trinidad Library on February 8, 2018. The authors are (l-r) Dr. Carlito P. Laurean, Ms. Angie Ipong representing UMA and Dr. Silvestre L. Kudan. //JSTabangcura

**Four manuals on organic agriculture were added to the BSU La Trinidad-Main Library collection. The books were launched and handed to the University Library and Information Services (ULIS) Director, Mr. Lauren P. Kipaan by their respective authors in a program on February 28, 2018.**

Dr. Ruth S. Batani, Office of Extension Services Director (OES), explained that the launching is a way of informing the public of the BSU TIM (BSU Technology Innovation Menu), a package of technologies for specific crops based on farmer's needs.

The books launched are: "Bungkalan-Manwal sa Organikong Pagsasaka", Ecological Way of Producing Strawberry", "Organic Farming: The Benguet State University Experience", and "Organic Fertilizer Production."

The "Bungkalan-Manwal sa Organikong Pagsasaka" by the Unyon ng mga Mangagawa sa Agrikultura (UMA) provides

a comprehensive guide to practicing organic agriculture on land that used to be haciendas. It also narrates the experiences of farmers in the haciendas, and how the Kooperatibang Bungkalan works. The book was published by the University of the Philippines (UP) Sentro ng Wikang Filipino, Diliman and is cited by the CNN as one of the best books written in Filipino. BSU, being an agricultural school is one of the current book tour stops of Bungkalan along with UP Baguio and Mt. Cloud. UMA was represented by Ms. Angie Ipong.

The books titled "Ecological Way of Producing Strawberry and "Organic Farming: The Benguet State University Experience" by

Dr. Silvestre L. Kudan document how the University under the leadership of Dr. Rogelio D. Colting pioneered organic agriculture in 2004. The books also contain detailed Return Investments of Dr. Kudan's farm showing how profitable organic agriculture could be. It was published by the BSU Office of Extension Services-Technology Packaging and Information Division.

The book, "Organic Fertilizer Production" by Dr. Carlito P. Laurean and Dr. Asuncion L. Nagpala is a user-friendly and cost-efficient guide into making organic fertilizers. It presents alternative methods of producing organic fertilizers even with limited resources. The book is actually a part of the Farm Primer Series published by DOST- Philippine Council for Agriculture, Aquatic and Natural Resources Research and Development (PCAARRD). It was an output of the research, "Organic Fertilizers and Microbials for Improved Soil Fertility in Organic Vegetable Production in Cordillera Administrative Region" implemented by BSU researchers.

BSU President, Dr. Feliciano G. Calora Jr. commended the book authors and challenged those who are present to also write books.

"Ang dapat ho kasi...especially sa mga magsasaka din, magsulat din kayo tungkol sa inyong mga ginagawa. Hindi naman ibig sabihin noon na iyong mga may karapatang magsulat ay iyong nasa akademiya lang. Puwede din naman may magsulat para sa inyo, ang importante ho naman doon, bigyan ninyo ng konsepto o kung anong mensahe ang iyong nais iparating,"(Farmers should write down their knowledge and activities. It's not only people from the academe who can write. You can also ask other people to write for you, just give them the concept or the message you wish to impart.) Dr. Calora said.

The launching was organized by the OES and Cordillera Organic Agriculture Research and Development Center (COARDC). It was attended by BSU employees and students, members of the press and guests from NGOs, PCAARRD, HARRDEC and UMA.

On the same occasion, the Centennial Marker at the BSU La Trinidad library was unveiled by VP for Research and Extension, Dr. Carlito P. Laurean and ULIS Director, Mr. Lauren P. Kipaan.

//JSTabangcura



# CAR bags 3 gold, 4 silver, 15 bronze in SCUAA Games 2018

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athletes were subjected to play outside the field such as the BSU Oval to prepare for the games.

Dr. Florence V. Poltic, overall physician of the athletes said that two weeks before the SCUAA Games, athletes underwent the mandated medical check-up to assess the athletes' individual conditions.

SUC Presidents Serafim L. Ngohayon from IFSU and Nelia Z. Cauilan from ASC met the players in a Solidarity Meeting on the morning of February 18 to mentally prepare them of the upcoming events.

"We must compete as brothers and sisters, erase the borders... we are not here as Benguet, Ifugao, Abra, Apayao, or Kalinga," enthused Ngohayon. "We are here as Cordillera!"

"To all coaches and athletes, thank you for the friendship and camaraderie. Good luck to all of us!" encouraged Cauilan.

In the afternoon, the athletes joined the regions for the parade. After a series of performances from the University of Antique (UA) students, an opening program was held with Veteran Taekwondo Athlete Monsour T. Del Rosario, as the guest speaker.

Del Rosario cited the four Ds to success; these are desire, determination, dedication, and discipline.

"When you step in the ring, turn your fear into fire, because when you fight, nobody can coach desire [to win]," expressed Del Rosario.

The message was followed by the hoisting of the Philippine Association of State Universities and Colleges (PASUC) Banners, the Oath of Sportsmanship, and the Oath of Officiating Officials. Del Rosario also led the lighting of the Friendship Flames.

After the hype, a moment of silence was given to former SCUAA president Dr. Ricardo E. Rotoras for his untimely death on December 2017. White balloons crowded the sky as athletes and facilitators alike prayed and dedicated the SCUAA 2018 to the late Dr. Rotoras.

After that, the 2018 National SCUAA Games was declared open.

## The SCUAA Games

Bawang said that the athletes did well in their overall performance in their respective games.

"We are happy to see that all the efforts of our coaches and athletes are bearing fruit," said Bawang adding that CAR as a whole surpassed their previous performance in the SCUAA Games.

//MDPenchog



Cordillera Administrative Region (CAR) athletes and coaches pose with their respective medals and awards. //DSEmok



Student Assistants (SA) of the University Library //KJDPagada

# SAs to receive PHP 25 per hour incentive

from page 1

work hours and shifts.

She added that to avoid students taking the brunt of heavy work outside the campus, the proposal was to add the incentive in order to help with their financial constraints while providing services that would not exhaust the student.

Farangan said that with the approval of the proposal, it is observed that more students applied for SA positions. A total 71 SAs were appointed for the semester. Farangan said that these 71 are the first batch of SA hired as they are preparing for a second batch.

"For now we can feel that there are a lot of students who want to apply," expressed Farangan. "We see that they are motivated because they have something to look forward to."

According to Austria, in order for the SA to gain the PHP 25 incentive, they have to finish their contracts and to be rated as 'Very Satisfactory' or 'Outstanding' by their respective supervisors.

Additional requirements include a perfect work attendance and a prompt

and timely submission of their Daily Time Record.

Ms. Mamre Pongasan, a fourth-year Public Administration student said that it is her second time to work as an SA in BSU. She said that not only does the work provide her experience, the extra incentive helps with her expenses at home and at school. She is currently at the University Library and Information Services. Ms. Vina Shane Sagorsor, a fourth-year College of Agriculture (CA) student and a first time SA said that the work helps her gain extra income while consuming free time in between class hours.

"Okay naman [ang increase], considering na malapit na siya sa minimum wage while doing minimal work," said Sagorsor. She is currently an SA for the CA Library.

"We are hoping na lahat sila ay maka-comply with the said requirements," encourages Dr. Joel Lubrica, OSS Director.

//MDPenchog



During Fely Gabito's presentation at PASSAGE 18th Biennial Convention and International Research Conference on February 14-17, 2018. (Photo courtesy of Dr. Leonila R. Sito)

# What PASSAGE taught me

**A wise person once said “Life is about taking chances, trying new things, having fun, making mistakes and learning from it.”**

Having been confined to almost similar routine for some years, I felt that I had to do something different. When the call for papers from PASSAGE came, I was uncertain if I should pass. But the prodding from my chair prompted me to do it. Anyway I submitted my paper just a few days before the deadline. I was surprised that it was accepted for presentation but they were asking for the full paper before December 20. It was a very busy month for us in the basic education department so I put it as my last priority. I managed to submit it a day before the deadline.

PASSAGE held their 18th Biennial Convention and International Research Conference on February 14-17, 2018 at Hotel Supreme Convention Plaza, Baguio City with the theme ‘Creating Platforms in Achieving the Sustainable Development Goals.’ PASSAGE (Philippine Association of Agri-Vironment educators and entrepreneurs Inc.) was organized in 1981 as a non-stock, non-profit, non-partisan national organization of educators, environmentalists, entrepreneurs, researchers, extension workers, administrators, policy makers, practitioners, students, and institutions involved in agriculture, environment and

entrepreneurial education. After more than three decades, the organization’s various activities served as venues for discussion of trends and issues in agriculture, environment and entrepreneurial education; for sharing of professional expertise; information exchange; networking; and the renewal of personal ties. It was my first time to attend a PASSAGE Biennial Convention and International Research Conference. I had so much to learn. I was trying to absorb many of the wonderful insights which our keynote speaker and plenary speakers were imparting. The keynote speech on ‘Social Entrepreneurs and Agricultural Prosperity’ was given by Dr. Asdi Agustar, professor of Livestock and Rural Development, Andalas University, West Sumatra, Indonesia. Dr. Marlowe U. Aquino, Managing Director of FRAMES Development Program talked about ‘The Realities of Agricultural Education and Research for Development: Making a Difference through Innovative Teaching-Learning Modalities and Platforms in a Changing World’. Dr. Mudjekeewis D. Santos, Scientist 2 of the National Fisheries Research and Development Institute, Department of

Agriculture, Philippines, spoke about DNA Markers for Fisheries Management in the Philippines.’ Dr. Fe L. Porciuncula, University Professor and Vice President for Research, Extension and Training, Central Luzon State University, Philippines, talked about ‘Enabling Rural Economies through Social Entrepreneurship.’

Aside from trying to grip all those information from the remarkable speakers, I had so much incredible moments meeting like-minded people, meeting people who are enthusiastic about their field, environmentalists from around the country and other countries, even teachers from BSU-Bokod who are by the way avid Shamag readers. Watching them present their researches with an intense zeal was enough to further spark my passion for agriculture and the environment. Another researcher who did some projects impressed me because she had the intent determination to do projects even without fund from her institution. Her ferocious efforts helped many people in their area. Sometimes it takes bold spirit to initiate worthy pursuits which can make an impact in the community.

An unexpected perk was my paper being included in the top 3 best papers in the category of Agriculture, Forestry, and Environment. My study was about the Influence of Outdoor Adventure Education

on Environmental Awareness, Experiences, and Personal Growth of Young People of Benguet. Dr. Leonila R. Sito of the College of Teacher Education bagged the Best Paper Award (Agriculture, Forestry, and Environment) for her study Coping Strategies in View of Knowledge and Attitudes on Climate Change. Prof. Cecilia C. Bao-idang-Samonte was awarded 2nd Best Paper in the category of Agriculture and Food Security for her study Physico-Chemical Properties of Rice Wine as Influenced by the Formulation of Indigenous Yeast (‘Bubod’) in Rice Wine Fermentation in the Cordillera Administrative Region. Dr. Froilan B. Manas also presented his paper, Integration of Environmental Education in Elementary Science (Agriculture, Forestry, and Environment ). Another paper was submitted in the category of Education and Training (non-competing) by Dr. Divina M. Yango, Dr. Almon B. Bokilis, and Dr. Elizabeth A. Lascano. Their study was about Blended Learning Environment: Information and Communication Technology (ICT) Instructional Skills of Pre-service Teachers.

After the conference, I was grateful that I did give it a try. Sometimes we just need to stretch out of our comfort zone in order to grow. //Fely Gabito