



BSU Celebrates CORDILLERA

For two and a half decades, the month of July in the Cordillera Region is a month of celebration. For this jubilee year, the University celebrates it in a special way with PCAARRD's Coffee FIESTA-CAR.

The unity gong echoes in BSU

With the theme, "CAR at 25: Looking back with pride, moving forward with hope," BSU marked the Cordillera month by beating the gong as part of the Cordillera Unity relay on July 16, 2012 during the regular Monday flag ceremony. BSU-CCA performing groups also joined the Cordillera month parade along Session Road, Baguio City on July 15.

On July 20, the play Lumawig was staged at BSU featuring Ms. Ingrid Payaket and Salaco Pampanico as Bangan and Lumawig with BSU students Jean Kayachen as Denayan and Abigail Batnag as Ginsingan. This was followed by the premier showing of the BSU-produced documentary, "Nu naguarey chontog, egkiya mabiyag" on July 24, 2012.

The play Lumawig was staged through the partnership of BSU-Center for Culture and the Arts and the Department of Tourism-CAR. Meanwhile, the 30-minute video documentary titled "Nu naguarey chontog, egkiya mabiyag" meaning "Without mountains, we won't survive," features the practices of people in Karao and Ekip, Bokod, Benguet that sustain their

well preserved environment up to the present.

It was produced as output of the research "Indigenous Forest Conservation Practices and Farming Systems in Karao and Ekip, Bokod, Benguet."

Photos show: (top left) BSU President, Dr. Ben D. Ladilad, addressing BSU constituents after beating the Unity gong during the flag ceremony on July 16, 2012; (top right) a scene from the play Lumawig; (bottom left) Key personalities at the Coffee FIESTA interact with the media during a Kapihan at the start of the activity. They are: Co-Chair of the Regional Development Council, Dr. Virgilio C. Bautista; Dr. Ladilad; Philippine Coffee Board President, Pacita Juan; Dr. Lily Ann D. Lando of PCAARRD-ACD; Julio M. Pagat of Landbank La Union; and Cooperative Bank of Benguet CEO Gerry T. Lab-oyan; (bottom right) Boys inspecting coffee beans on display.//Photos by Karen O. Laking, Donald G. Besic, Sheryl I. Fernando, and Dean Cuanso.

BSU VISION

A premier state university in Southeast Asia

MISSION

Development of people imbued with excellence and social conscience and who actively generate and promote environment-friendly technologies to improve the quality of life.

GOALS

- To provide quality education that will produce globally competitive graduates.
- To generate and disseminate appropriate knowledge and technologies that will promote sustainable resource development.
- To strengthen and enhance institutional capability generating revenue towards self-reliance.
- To establish competent and effective services geared towards efficiency and economy.
- To develop harmonious and co-operative University-Community relationships. // BOR Res. No. 1364, s. 2005



Shamag, an Ibaloi term that means news, is the official publication of Benguet State University. It functions as the University's mouthpiece for its accomplishments and is likewise a communication tool among BSU constituents. It started as the MSAC Newsletter in the 1970s to meet one of the requirements of then, the Department of Education, for a college to be elevated into a university. Hence, Shamag came out as the University newsletter in 1996.

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Contributions will be acknowledged but the editors reserve the right to determine articles to be published based on adherence to topic guideline, time, and space limitations. Anonymous contributions will not be considered.

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Board of Regents approves University breastfeeding policy

Good news for breastfeeding employees. The University Board of Regents has recently approved the BSU Policy on Breastfeeding Practices. The policy implements Republic Act No. 7600, otherwise known as "An Act Providing Incentives to All Government and Private Health Institutions with Rooming-In and Breastfeeding Practices and for Other Purposes" as amended by Republic Act 10028 known as the "Expanded Breastfeeding Promotion Act Of 2009".

For BSU, the approval and implementation of the policy means employees who are breastfeeding are now allowed break intervals to breastfeed or express milk in addition to the regular time-off for meals. The policy was proposed by the BSU Gender and Development Office led by Dr. Imelda G. Parcasio.

BENGUET STATE UNIVERSITY

POLICY ON BREASTFEEDING PRACTICES

Implementing Republic Act No. 7600, otherwise known as "An Act Providing Incentives to All Government and Private Health Institutions with Rooming-In and Breastfeeding Practices and for Other Purposes" as amended by Republic Act 10028 known as the "Expanded Breastfeeding Promotion Act Of 2009".

RULE I: ENABLING PROVISIONS

Section 1. Title - This policy shall be known and cited as the BSU POLICY ON BREASTFEEDING PRACTICES."

Section 2. Purpose - This policy is promulgated to facilitate compliance with and to achieve the objectives of Republic Act No. 7600, otherwise known as "The Rooming-In and Breast-Feeding Act of 1992" as amended by Republic Act 10028 known as the "Expanded Breastfeeding Promotion Act Of 2009".

Section 3. Construction - These Rules shall be liberally construed and applied in accordance with and in furtherance of the policy and objectives of the law. In case of conflict and/or ambiguity, which may arise in the implementation of these Rules, the concerned agencies shall issue the necessary clarification.

Section 4. Declaration of Policy. - Benguet State University shall protect working women by providing safe and healthful working conditions, taking into account their maternal functions, and such facilities and opportunities that will enhance their welfare and enable them to realize their full potential in the service of the nation. Towards this end, the University shall promote and encourage breastfeeding and provide the specific measures that would present opportunities for mothers to continue expressing their milk and/or breastfeeding their infant or young child.

Consonant thereto Benguet State University adopts rooming-in as a matter of policy to encourage, protect and support the practice of breastfeeding. It shall create an environment where basic physical, emotional, and psychological needs of mothers and infants are fulfilled through the practice of rooming-in and breastfeeding.

This is consistent with international treaties and conventions to which the Philippines is a signatory such as the Convention on the Elimination of Discrimination

Breastfeeding policy...page 6

CHET spearheaded Nutri-month celebration

The College of Home Economics and Technology (CHET) led this year's Nutrition Month celebration of the University as it joined the rest of the nation in observing the national event.

Themed "Pagkain ng gulay ugaliin, araw-araw itong ihain!" as approved by the National Nutrition Council Technical Committee, this month-long activity was earlier launched last July 2 during the Regular Flag Ceremony in front of the BSU Main Administration Building.

In line with this event, CHET organized contests and seminars for the University studentry. Series of free seminars on Stress Management and Wellness were held on July 19 and 26 for two hours (03:00-05:00 PM) at the Strawberry Hall-Regional Staff Development Center (RSDC).

"The symposia were opened to all including participants outside the school," said CHET Dean Pelin Belino.

Moreover, to promote quality and nutritious foods, a market basket classical live-cooking contest was done on July 20 at 09:00-11:00 AM at the CHET lobby. The conceptualization and management of this cook fest was coordinated by Miss Amelia Bawang and Miss Florida Rosario of the Hotel and Restaurant Management (HRM) department of the College.

Aimed at promoting the end products of CHET students, a week-long food fair was held (July 23-27) from 09:00AM to 03:00PM at the same venue, which drew quite a crowd. Similarly, a nutrition board display competition was participated in by all the colleges including the Secondary Laboratory School (SLS).

Beauty culture services like manicure, pedicure, hair perm, and hair trim made up the final items extended to all enthusiasts by the CHET students on July 27 from 9AM to 3PM at Rm. 105-RSDC.

On the last day (Jul 27), students from various colleges had more fun joining nutri-games, nutri-jingles, and nutrition raffles! Later on the day, winners were awarded during the culminating program at the University Gym.

The said activities guided by the theme focused on encouraging Filipinos, young and young-once, to increase daily consumption of vegetables to address micronutrient deficiencies and prevent diseases like cancer, diabetes, hypertension, and cardiovascular disease.

According to section 7 of Presidential Decree (PD) 491, Nutrition Month is celebrated every month of July. // *Rhe-an Ngayaan*

BSU- CCA staged Cordi's epic, Lumawig

The Benguet State University-Center for Culture and the Arts (BSU-CCA) staged the epic of Lumawig through a one-act theater play on July 20 at the BSU Gym as the University joined the Cordillera Region in celebrating its 25th Anniversary.

With the University's performing arts (Dramatics Club, Highland Cultural Performing Dance Troupe, and Glee Club) joining forces and with the special participation of Ingrid Payaket and other professional artists, the play was presented twice, one in matinee and the other in a gala.

The play highlighted the journey of Great Spirit Lumawig, a hero-god, son of Kabunian, who lived for a time with mortals on earth as a teacher. Also, his love story and marriage to Bangan, the most beautiful girl in the Cordillera that time, was portrayed in the play.

"The play was worth watching for it depicts the making of the Igorots' ancestry, literature, culture, identity, and values," claimed a BSU student audience.

Mr. Leonardo Apilis, Officer-in-Charge of BSU-CCA said that CCA and the Department of Tourism-CAR



Members of the BSU-CCA performing groups in the play Lumawig. // *Donald G. Besic* (DOT-CAR) will have a 50- 50 share from the proceeds of the play. CCA will put the amount in a trust fund.

The DOT-CAR provided technical and financial assistance to the performers of the said stage show.

Lumawig was earlier premiered at Saint Louis University (SLU) on July 14. /// *Rhe-Ann B. Ngayaan, The Mountain Collegian*

BSU celebrates...from page 1 Coffee fiesta

The coffee FIESTA which stands for the latter as Cordillera Coffee Farms and Industry through Science and Technology Agenda was a two-day event on July 5 and 6 that showcased the best of Cordillera coffee.

Activities included: exhibits set up showing coffee from its seedlings to the cherries, beans and the different by products; conferences, media forum, and photo-essay contests.

The event was attended by various personalities from the LGUs, Government Line Agencies, farmers,

SUCs, media organizations, the private sector, and the general public.

Purposedly, the activities are designed to provide a venue for matching coffee products with potential markets, discuss coffee problems/ issues from production and processing to marketing, and strengthen convergence among coffee stakeholders/key players,

It was organized by HARRDEC and PCAARRD in partnership with and through the cooperation of NEDA/RDC, DTI-CAR, DA-CAR, DENR-CAR, DOST-CAR, BSU, DOT-CAR, DAR-CAR, TESDA-CAR, CHARMP2-DA, PIA-CAR, CRACC, PCCI-CAR.

BSU officials encouraged to do researches with significant impact to the service areas

BSU President, Dr. Ben D. Ladilad, and VP for Research and Extension, Dr. Luciana Villanueva, encouraged University researchers to conduct researches that aim to address specific problems of the community and the business sector.

Dr. Ladilad likewise, emphasized mentoring of other institutions and junior researchers. Meanwhile, Dr. Villanueva acknowledged the feedback that Benguet communities have yet to feel BSU's research and extension efforts. However, she related that through the years, BSU has been conducting significant researches and new varieties and lines of sweet potato, potato, beans, and garden pea. She added that there may be a lack of documentation on what has become of these research results.

These issues were articulated during the start of the annual Agency In-House Review on July 25, 2012 at the NPRCRTC's Solibao Hall. This year, nine completed researches and 78 ongoing researches along education, crops (highland vegetables, strawberry, ornamentals) rootcrops, agroforestry, and natural and animal resources are scheduled to be presented and reviewed. Evaluators come from different offices within the University, from the academe like UP Baguio, and government line agencies like the Commission on Higher Education (CAR) and the Department of Science and Technology (CAR).



A BSU researcher presents results to evaluators from BSU and DOST during the RDE in-house review on July 26, 2012 at NPRCRTC's Solibao Hall.//Mayflor Magciano

"The in-house review is very timely to assess how far we have gone to make sure we have made a significant impact and to evaluate what our research outputs can do to help the community and the business sector," stressed Dr. Ladilad.

He added that BSU, having been identified as one of the leading Universities in the country, should strive for quality research, mentor other institutions, and consider the whole country as a service area.

BSU is one of the 17 leading SUCs listed in a memorandum from CHED Chairperson, Dr. Patricia B. Licuanan, released on June 14, 2012. Along with this recognition is a Php 17M funding for upgrading of facilities under the Disbursement Acceleration Program (DAP).

Dr. Ladilad announced in the same occasion that the BSU proposals that are required to avail of the funding has already been approved.

"Let us use these (fund grants) wisely and efficiently, and make sure to produce quality output from our projects," he reiterated.//Jen Sabado-Tabangcura

Top three researches per category presented in the RDE In-house review

Crops

- Adaptation, Genotype x Environment Interaction and Correlation of Agronomic Characters in Vegetable Soybean and Pigeon Pea Accessions in Low and Mid-Mountain Zone of Benguet by BA Tad-awan, JP Pablo, G. Payangdo, EJ Sagalla
- Responsive Value Chain Analysis for BVPC BSU's Veggie Enriched Food Processing Project by VB Salda, CB Esanara, and M Bawas
- Introduction, Evaluation and development of Package of technology and Promotion of Chickpea in the CAR by FR Gonzales

Social

- Indigenous Forest Conservation Practices and Farming Systems of Karao and Ekip, Bokod, Benguet by BD Ladilad, EB Alupias, FY Awas, MA Camfili, MD Fang-asan, CB Sidchogan, CT Sudaypan, JS Tabangcura, JB Yago-an, and RB Kiong
- VAST Agro-Climate Change in Two Barangays of Benguet by JP Pablo and MR Parao
- PANSIGDAN: Promoting Well-Being in Madaymen, Kibungan, Benguet: The Curse of Commercial Vegetables Farming:

Understanding Suicide in Madaymen by SF Anongos and TC Sagandoy

Education

- Multiple Intelligence and Academic Performance of Students of Bachelor of Science in Applied Statistics in BSU by MB Lubrica and JV Lubrica
- Models of Screening BSAS and BSIT Freshman Applicants by SL Oryan and SZ Beligan
- The Establishment of Tracer Study Program of the Benguet State University by DS Garin and SZ Beligan

Agroforestry, Natural Resources, and Animal Researches

- Soil Fertility Evaluation of Major Agricultural Areas in the Seven Municipalities of Benguet by CP Laurean, AW Fagyan, and EF Dayap
- Characterization of Selection of Existing/Traditional Cultivars for Organic Coffee Production in Benguet by BA Tad-awan, VL Macanes, and VY Amado
- Evaluation of Local Feedstuff for Rabbits within Integrated Farming Systems by SB Maddul

First SUC retirees' organization turns 1

The BSU Retirees' Association celebrated its first anniversary last July 12, 2012 with the theme, "Enhancing BSU-Retirees Association".

Dr. Fortunato A. Battad was the guest speaker for the special occasion. He talked about his life as a retiree who is "retired but not tired" from public service. In his message, he emphasized the importance of family. He admonished everyone to pay attention to children especially during their growing up years because they are treasures.

Moreover, he also talked about the importance and passion for trees. He said that if each of us would plant three trees each, La Trinidad would be green again.

After his talk, he was emotional while thanking those staff who supported him during his term as University President. He took pictures as memoire for the museum he started in Muñoz, Nueva Ecija.

Dr. Battad is currently the Chairman of the Board of Agriculture at the Professional Regulation Commission and the President Emeritus of CLSU.

The Association's management team is led by Prof. Bienvenido Balweg who succeeded the late Dr. Franco T. Bawang. He composed the Association's song. At present, there are approximately 40 active members. They are inviting former colleagues to join the association.//

Sheryl I. Fernando

BSU MULTIPURPOSE COOP RELEASED 784,747.00 MUTUAL AND HEALTH FUND TO MEMBERS

The BSU Multipurpose Cooperative released the amount of P784,747.00 to members who died and those who were hospitalized from January 1 to July 19, 2012. The members are from La Trinidad, Loo, Buguias Campus and employees or retirees from the University. The amounts received by the beneficiaries were computed based on the amount of their share capital, number of members and the length of their membership in the cooperative. Those who were hospitalized before they died were given both aids. Aids released range from PhP5,000.00 to 152,000.00.

In claiming the mutual aid, the death certificate is required while the health fund requires the hospital abstract and discharge sheet. The abstract describes the ailments of the patient while the discharge sheet indicates the daily conditions of the patient. To qualify, the patients should be confined at least three days as clearly shown in the discharge sheet.

Most of the retirees who had been contributing to the BSUGEA have been given their death aid yet, but the BSU Cooperative is doing well in managing the mutual aid benefit and health fund contribution of the members.// S. L. Kudan

BSU MULTIPURPOSE COOP IS NOW WORTH 154.7 MILLION

The BSU Multipurpose Cooperative has a total assets of P154,777,464.88 as of 30 June 2012 according to the coop manager, Mrs. Jane T. Asiong, during the regular board meeting on 4 July 2012. Of the total assets, P22,320,153.41 is the value of land, buildings and equipment.

For the six months operation, the gross income generated from savings and credits amounted to P9,712,959.64 with a total expenses of P5,464,957.01 leaving the cooperative a net surplus of P4,248,002.63. This amount is added to the other income from rent, sales, transport and other income amounting to P1,880,809.61 thus the net income in six months amounted to P6,128,812.24 only.

The regular members reached the count of 1,640 at the end of June this year, but six had withdrawn their membership so 1,634 regular members are helping one another with their paid up share capital of P36,112,409.40. Meanwhile, the associate members consisting mostly of pupils and students can be counted at more than 4,000.

You might not know that the cooperative accepts payment of electric bill, money transfer through Western Union, these services are available in the cooperative office. The cooperative is also conducting Pre-membership Education Seminar (PMES) once a month (4th Saturday) for those who are not members of the cooperative yet and would like to find out the services and benefits the cooperative offers to its members.// SLKudan



New members of the BSU Retirees Association taking their oath during the association's first anniversary on July 12 at the OSA Student Center. (Inset) Former BSU president Dr. Fortunato Battad, in a candid moment with current BSU President, Dr. Ben D. Ladilad. Dr. Battad was the occasion's guest speaker.//Sheryl I. Fernando

Breastfeeding policy...from page 2

Against Women (CEDAW), which emphasizes provision of necessary supporting social services to enable parents to combine family obligations with work responsibilities; the Beijing Platform for Action and Strategic Objective, which promotes harmonization of work and family responsibilities for women and men; and the Convention on the Rights of the Child, which recognizes a child's inherent right to life and the State's obligations to ensure the child's survival and development.

RULE II: DEFINITION OF TERMS

Section 5. Definition of terms. – As used in this Rule, the following terms shall have the meaning as indicated hereunder:

- (a) Age of gestation – the length of time the fetus is inside the mother's womb.
- (b) Bottle feeding – the method of feeding an infant using a bottle with artificial nipples, the contents of which can be any edible type of fluid.
- (c) Breastfeeding – the method of feeding an infant directly from the human breast.
- (d) Breast milk – the human milk from a mother.
- (e) Breast milk substitute – any food being marketed or otherwise represented as partial or total replacement of breast milk whether or not suitable for that purpose.
- (f) BSU Policy- a documented set of broad guidelines, formulated after an analysis of all internal and external factors that can affect the University's objectives, operations, and plans. It lays down the University's response to known and knowable situations and circumstances. It also determines the formulation and implementation of strategy, and directs and restricts the plans, decisions, and actions of the University's leadership in the achievement of its objectives.
- (g) Donor milk – the human milk from a non-biological mother.
- (h) Expressed breast milk – the human milk which has been extracted from the breast by hand or by breast pump. It can be fed to an infant using a dropper, a nasogastric tube, a cup and spoon, or a bottle.
- (i) Expressing milk – the act of extracting human milk from the breast by hand or by pump into a container.
- (j) Formula feeding – the feeding of a newborn with infant formula usually by bottle feeding. It is also called artificial feeding.
- (k) Health Workers – All Persons Who Are Engaged In Health And Health-Related Work, And All Persons Employed In All Hospitals, Sanitaria, Health Infirmaries, Health Centers, Rural Health Units, Barangay Health Stations, Clinics And Other Health-Related Establishments, Whether Government Or Private, And Shall Include Medical, Allied Health Professional, Administrative And Support Personnel Employed Regardless Of Their Employment Status. It includes Clinic Personnel at the workplace.
- (l) Infant – a child within zero (0) to twelve (12) months of age.
- (m) Infant formula – the breast milk substitute formulated industrially in accordance with applicable Codex Alimentarius standards, to satisfy the normal nutritional requirements of infants up to six (6) months of age, and adapted to their physiological characteristics.
- (n) Lactation management – the general care of a mother-infant nursing couple during the mother's prenatal,

immediate postpartum and postnatal periods. It deals with educating and providing knowledge and information to pregnant and lactating mothers on the advantages of breastfeeding, the risks associated with breast milk substitutes and milk products not suitable as breast milk substitutes such as, but not limited to, condensed milk and evaporated milk, the monitoring of breastfeeding mothers by health workers and breastfeeding peer counselors for service patients to ensure compliance with the DOH, World Health Organization (WHO) and the United Nations Children's Fund (UNICEF) on the implementation of breastfeeding policies, the physiology of lactation, the establishment and maintenance of lactation, the proper care of the breasts and nipples, and such other matters that would contribute to successful breastfeeding.

- (o) Lactation Stations – Private, Clean, Sanitary, And Well-Ventilated Rooms Or Areas In The Workplace Or Public Places Where Nursing Mothers Can Wash Up, Breastfeed Or Express Their Milk Comfortably And Store This Afterward .Also known as Breastfeeding Room/Area/Station.
- (p) Low birth weight infant – a newborn weighing less than two thousand five hundred (2,500) grams at birth.
- (q) Milk Donor – a healthy lactating mother who volunteers to donate her milk.
- (r) Mother's milk – the breast milk from the newborn's own mother.
- (s) Nursing employee – any female worker, regardless of employment status, who is lactating or breastfeeding her infant and/or young child.
- (t) Wet-nursing – the feeding of a newborn from another mother's breast when his/her own mother cannot breastfeed.
- (u) Workplace – work premises, whether private enterprises or government agencies, including their subdivisions, instrumentalities and government-owned and -controlled corporations.
- (v) Young child – a child from the age of twelve (12) months and one (1) day up to thirty-six (36) months.

RULE III: BREASTFEEDING IN THE WORKPLACE

Section 6. General Statement on Coverage – This Rule shall apply to all nursing employees of the Benguet State University.

Section 7. Workplace Lactation Stations. – The University shall establish lactation stations in as many places as is feasible within its campus. The Lactation stations shall be accessible to the worker, adequately provided with the necessary equipment and facilities, such as lavatory for hand-washing, unless there is an easily accessible lavatory nearby; refrigeration or appropriate cooling facilities for storing expressed breast milk; a small table; comfortable seats where the mother can hand expressed and eventually electrical outlets for breast pumps; and other items, the standards of which shall be defined by the Department of Health. The lactation station shall be clean, well ventilated, comfortable and free from contaminants and hazardous substances, and shall ensure privacy for nursing employees to express their milk and/or in appropriate cases, breastfeed their child. In no case, however, shall the lactation station be located in the toilet/classroom/rest room. BSU encourages every office/college to spare a space for a lactation station.

Section 8. Workplace compliance with the Milk Code. In addition, BSU shall take strict measures to prevent any

Kyungwoon University students complete Intensive Functional English Language course

Another batch of Kyungwoon University students from South Korea completed satisfactorily the Intensive Functional English Language Program of the BSU-International Language Center (ILC).

This 2012 Summer Batch consisted of Hyemun An, Kyojin Bae, Sunghyun Bae, Yeongae Choi, Dohyun Eom, Byungsoo Kang, Geonggon Lee, Hyukjin Lee, Hyungjun Lee, Jiwon Lee, Janghyeok Lim, Bongseop Noh, and Youngdon Pyo.

In a closing program held on the 30th of July at the Gladiola Center where the ILC office is housed, BSU President, Dr. Ben D. Ladilad, congratulated the trainees and expressed his confidence that the trainees will now be able to interact meaningfully with anyone using the English language. He also acknowledged the BSU-ILC teachers for their dedicated service having produced trainees from Korea and other countries for several years now.

Jiwon Lee, who majors in Occupational Therapy talked about her experiences and showed pictures of the field trips everyone evidently enjoyed during the one-month English training course. She described these trips as the best places with magnificent and idyllic scenery.

"During our initial class lessons, I felt uncomfortable because I thought my English skill was poor; however, our teachers guided me step by step. I will surely miss them," she said.

"English training will be my most memorable experience ever," added Youngdon Pyo, another trainee who is a major of Visual Optics at Kyungwoon University.

In her opening remarks, Dr. Luisa Cotiw-an, the new director of the BSU-ILC, confidently told the trainees that though "a month is too short to spend on this significant course, I know when you go back to Korea, you will make a difference because you had experiential learning; you were provided with situations outside the classroom where you talk in English language." Now, you can continue doing so when you go back home, she added.

Moreover, Noh Bong Seop, a sophomore majoring in Aviation, said that when he goes back to Korea, he will tell his friends that the whole experience was good and would be better if taken during winter vacation because by that time weather in the Philippines is perfect. // *Jen Sabado-Tabangcura*



Kyungwoon University students choral reading to show their newly acquired English skills from the BSU-ILC during the Intensive Functional English Language Program closing ceremonies at the Gladiola Center on July 30, 2012.//Jen Sabado-Tabangcura

Breastfeeding policy...from page 6

direct or indirect promotion, marketing, and/or sales of infant formula and/or breast milk substitutes within the lactation stations, or in any event or circumstances which may be conducive to the same.

Section 9. Lactation Periods – Nursing employees are entitled to break intervals in addition to the regular time-off for meals to breastfeed or express milk. The employees shall apply for the availment of such privilege by informing the HRMO through their immediate supervisors. Upon availment, they shall always notify their immediate supervisor before leaving their station. The employee must first enter her working environment before the privilege can be availed of and not before or after the 8-hour working period. These intervals which include the time it takes an employee to get to and from the workplace lactation station shall be counted as compensable hours worked. The duration of the lactation period is 1 hour daily, dividing it into two breaks, morning and afternoon, with thirty minutes each, preferably 10:00 am and 3:00 pm.

Section 10. Access to Breastfeeding Information. - BSU shall ensure that staff and employees shall be made aware of this policy. All pregnant employees shall be provided with information on how they can combine breastfeeding and work once they return to work.

Regular breastfeeding education should be provided for pregnant women focusing on capacitating them with skills and knowledge necessary to continue breastfeeding/ expressing breast milk after returning to work (manual breast milk expression, cup feeding, handling, storage and transporting of expressed breast milk).

In line thereto, BSU shall organize, initiate and conduct adequate orientation on lactation management, support program for nursing employees.

RULE IV: BREASTFEEDING INTEGRATION IN THE CURRICULUM

Section 11. Integration of Breastfeeding Education in the Curricula. - To encourage and promote breastfeeding, the University shall integrate in the relevant subjects in the elementary, high school and college levels, especially in the medical and education, the importance, benefits, methods or techniques of breastfeeding, and change of societal attitudes towards breastfeeding. Towards this end the University shall:

- (i) Implement issuances on integration of breastfeeding concepts in the curricula;
- (ii) Develop competencies for faculty members and instructors;

Breastfeeding policy...page 8

Forestry graduates are FLE Board Placers (3rd and 12th)

Gladys Jade K. Sabo and Nerissa P. Gasatan lead the Forestry Licensure Examination 2012 passers landing on the 3rd and 12th places, respectively. The board exam was held last July 15 and 16, 2012.

Other passers include Erick O. Abangley, Hazel A. Angcuan, Jefferson P. Dacwayan, Angie P. Damote, Mavrick F. Dictaan, Dominador P. Martin, Khim Jones D. Motes, Monalyn C. Ngalawen, and Jay-ar L. Po-os. BSU graduates listed a passing rate of 26.19%.

Breastfeeding policy...from page 7

(iii) Provide related learning experiences (RLEs); and

(iv) Ensure provision of positive and supportive environment to promote and support breastfeeding.

(a) ACADEMIC ORGANIZATIONS within the University. Academic organizations within the University shall:

(i) Protect, promote and support breastfeeding through advocacy in organizational activities, forum and conventions among its members;

(ii) Recognize schools, higher educational institutions supportive of breastfeeding advocacy through awards, incentives, etc.;

(iii) Encourage and support relevant breastfeeding research among its members, and

(iv) Provide financial support in academic-based breastfeeding programs.

(b) PROFESSIONAL AND SOCIO-CIVIC ORGANIZATIONS. This organizations shall be enjoined to:

(i) Adhere and implement among its members national policies and legislation on the protection, promotion and support of breastfeeding;

(ii) Protect, promote and support breastfeeding through advocacy in organizational activities, for a and conventions among its members;

BSU lists 85.37% passing rate in NDLE

BS Nutrition and Dietetics graduates listed a passing rate of 85.37% during the July 24-25 Nutrition and Dietetics Licensure Exam. The batch surpassed the national passing rate of 67.08%.

The successful passers are: Jenera Ata, Michelle Ayawan, Nori Lianne Bacagan, Sheena Bagayao, Rosita Baniqued, Ornalyn Batani, Jona Biado, Myrna Boldoken, Suzette Bosque, Alma Buldec, Analyn Caga, Kristin Antonette Caranay, Sherla Dangani, Jeraldine Dangpa, Alitha Directo, Amber Dumanas, Glomie Emengga, Sean Paul Fiangaan, Wina Galboy, Triferia Gantas, Kristin Hilario, Mary Jane Ignas, Dianne Joaquin, Nanet Joting, Christine Ladia, Donna Leen Lorena, Regina Marcos, Gracelyn Mathew, Caroline Palgue, Jona Pangowen, Mac-noel Quitlong, Mislyn Rimando, Analyn Segundo, Saria Seo-as, and Glenyce Suni-en.



BS Nutrition and Dietetics batch of 2012.//Photo courtesy of Marie Anne R. Rulla

(iii) Incorporate provisions on organizations' Code of Ethics to promote, protect and support breastfeeding in accordance to Convention on the Rights of the Child (CRC), Patients' Rights and gender and Sensitivity principles; and

(iv) Encourage and support relevant breastfeeding research among its members.

RULE VI: FUNDING

Section 12. Funding. – The University shall source out funds from its budget for gender and development and/or repairs, maintenance and materials acquisition to support the financial requirements of this policy.

RULE VII: FINAL PROVISIONS

Section 13. Separability Clause. - If any clause, sentence, paragraph or part

of this policy shall be declared to be invalid, the remainder of this policy or any provision not affected thereby shall remain in force and effect.

Section 14. Repealing Clause. - All memoranda, circulars, rules and regulations or parts thereof which are not consistent with this policy are hereby repealed, amended or modified accordingly.

Section 15. Amendments. This policy may be amended upon affirmative vote of the Administrative Council on the proposed amendment/s and approval thereof by the University Board of Regents.

Section 16. Effectivity Clause. - This policy shall take effect immediately upon its approval by the Benguet State University Board of Regents.